



MARCH



WHAT'S NEW AT SPUR AFRIKA

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- MENTORSHIP SEASON
- SPECIAL PROGRAMS
- GRATITUDE

NEW YEAR'S MESSAGE

SUE OJUKI
DEPUTY DIRECTOR.

"It is exciting to see people getting used to the new normal. I hope that you are all staying safe and are excited about 2021 as we are at Spur Afrika.

We would like to take this opportunity to say a special 'Asante' (Thank You) for being a brother's keeper in 2020. Despite the hard times, through your support, Spur Afrika was able to walk closely with the 110 Families in offering Food support and alternative learning opportunities to the Spur Afrika sponsored children. 'Only in the darkness can you see the light' Martin Luther King Jr.

Thank You for allowing yourselves to be used by God to bring light to these families. We pray that You have a fruitful year and wish You Blessings, Numbers 6:24-26."



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HEALTHY TEETH, BEAUTIFUL SMILE.

Teeth can cause a discomfort for you or others, especially when you start getting decay, bleeding gums and bad breath. We all feel exultant when others compliment our teeth. Hence, we must always maintain clean, healthy, and strong teeth.

In conjunction with Colgate Kenya, our we had an oral campaign week in six schools within Kibera. The purpose of this campaign was to teach children how to brush their teeth regularly to prevent dental problems such as cavities, that could result in them losing their teeth.

Through this oral campaign we reached , 1,009 children aged between 3-9 years old.

Each child in the six schools received toothpaste and a toothbrush to continue with the brushing. This is because many families in the informal settlement of Kibera can not afford toothpaste and tooth brushes on regularly.

We also reminded them that prevention is better than cure, and strong, healthy, clean teeth keep the dentist away.



"As a result of our partnership with Colgate Kenya, we were able to reach out to 1,009 children with our oral hygiene campaign."

BINGWA GIRLS

"Bingwa" means champion and that is what our girls are. The Spur Afrika girls' empowerment program, is made up of two main groups: St. Juliet primary school and Spur sponsored girls.

We re-started our girls' sessions with St. Juliet in February. It was all smiles as we found out that our regular talks/empowerment bore fruits because none of the girls got pregnant. The girls also expressed that the sanitary donations were very helpful during the time that they stayed at home due to corona outbreak.

Each girl was issued with sanitary towels and inner garments to help them in their menstrual cycle. We shall give out another round of sanitary packs towards the end of March.

We continue to empower and mold them into God-fearing, mature and successful women.

Women empowerment is one of the most critical and fundamental things everyone should purpose to venture into for a successful society.

“A girl should be two things: who and what she wants.” – Coco Chanel



MENTORSHIP PROGRAMME

MENTORSHIP TRAINING

All our mentors volunteer their time and the only way we can appreciate them is to organize trainings that can advance their mentorship skills. This January we had them trained on the following topics:

- Meaning of mentorship
- How to become a mentor
- Dynamics of the mentorship process
- How to evaluate mentorship progress.

At the end of the training, each mentor was given a small questionnaire to help in providing feedback on how the training was, the pros, the cons, and what needed to be improved. As a way of appreciation, each mentor received a notebook and a pen as a souvenir to take home.

Our male mentors were also taken through a training impact that expounded their knowledge on mentorship and their mentorship journey. They were provided with the best ways they could form lasting relationships with their mentees.



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A mentor is described as an experienced and trusted adviser.

ONE ON ONE MENTORSHIP

Our mentorship program's main aim is to equip our sponsored children with someone they can walk with emotionally, mentally, and spiritually.

The mentors meet their mentees on Saturday and have catch-up sessions which help the mentors to know about the well-being of their mentees, the kind of issues that they are going through, and ways they would assist them.

The mentorship program was on a go-slow the whole of last year due to the outbreak of COVID 19.

However, since the year started about 30 mentors have come out to meet and catch-up with their mentees. Some mentors have even gone the extra mile to help their mentees study for the upcoming final eighth-grade exams.

In addition, our mentorship group is also increasing in number. In the two months, we have received 17 people sign up for mentorship, whereas we have also lost some mentors because of different reasons.

One on one mentorship sessions helps our students be aware of what is expected of them to also believe that there's no limit to what they can achieve.



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*“Children must be taught how to think, not what to think.”—
Margaret Mead*

EDUCATION PROGRAM

BACK TO SCHOOL

Beginning a new school year is always full of emotions and particularly during a pandemic.

After the government issued the reopening of schools directive, We managed to send all our sponsored children in Elimisha program back to school after being at home for a long period of time due to the coronavirus pandemic. Each child was equipped with new backpacks, masks, and uniforms to use in school.

NEW CHILDREN.

Shortlisted parents were contacted by the Elimisha team, who visited the families to get to know where they come from,. They also visited schools of the candidates to gauge performance and character in school.

Interviews happed at our offices and after a long application and selection process, We finally welcomed 14 new children into the Spur Afrika sponsorship program. Successful applicants were later called for an orientation on the Spur Afrika culture and expectations. Our Elimisha program now consists of 115 sponsored children.

We hope to mentor and walk with the newly sponsored children till they complete their studies.



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A child may be born in poverty but poverty is never born in a child.”

GRATITUDE TIME

*"Dear Spur,
I am very pleased to be part of such a great movement. Let me start by thanking Spur Afrika for all the programs you have organized for us that helped us improve socially and academically as children of Spur.*

I appreciate your commitment to creating these special opportunities and programs for us. Today, as I am writing this, Spur Afrika, is celebrating 10 years of transforming lives, and personally, I can say I have been in this program for about 70% of those 10 years. Actually, I was enrolled in this program when I was in class five and the number of children was below 50.

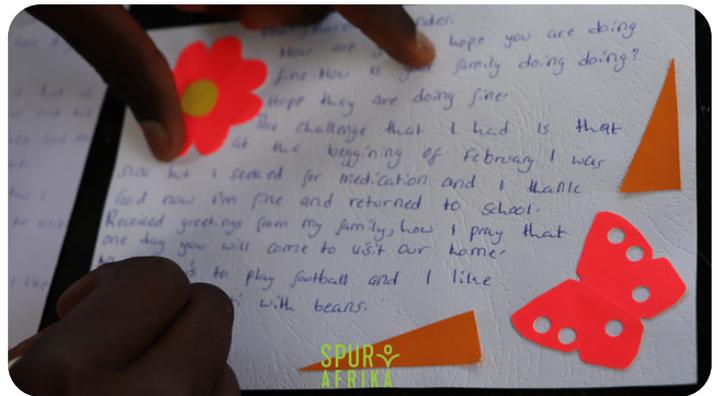
Spur Afrika has been transforming the lives of 100 families in 10 years. Thank you Spur for choosing us as your children and be part of you. We love spur!"

"Beloved Koli,

Hello, I really do trust that you're fine. It's my pleasure and honor to thank you personally for what you've done because I never knew that I would feel so free to anyone.

I felt free after talking to Miss Helen. I really felt so free after every minute I had to talk to her. Getting a solution to problems that I never knew would be solved.

I even gave up and left them all behind assuming with my words 'let it be,' but with the help of Miss Helen, I really don't know how to thank her. I couldn't have reached her and get solutions to my problems without your help, for sure I owe you a lot.



It's my prayer and my wish to both of you including the Spur Afrika organization that the Almighty God the one I know and worship bless you all and fulfill all your heart's desires because you never think of only yourselves but all of us as your children. With the example, you are setting for us that is proof of the success we are going to have."