

SPUR 
AFRIKA
KENYA

**BINGWA GIRLS MONITORING & EVALUATION REPORT
FIRST HALF YEAR SUMMARY 2021**

Reporting Period: January 2021 to July 2021
Organisation: Spur Afrika (Kenya)
Project Name: Bingwa Girls
Project Coordinator: Maureen Koli

PROGRESS AGAINST OBJECTIVES IN LAST 6 MONTHS

- In the beginning of the year, there were a number of Bingwa Girl's sessions. During the first school term we involved about 110 girls at St. Juliet and 91 girls during second term.
- Through a partnership with two organizations; the White Ribbon Alliance and Girls' Health Ed, 20 of our sponsored girls went through a five-week session on sexual reproductive health, menstrual hygiene, self-care, contraceptives and abusive.
- St. Juliet sessions/talks happened twice a month and for our sponsored girls the sessions happened weekly at the Spur centre.
- All the Bingwa girls received sanitary packs in different occasions; St. Juliet girls received sanitary towels twice in the last school terms. While our sponsored girls had access to sanitary towels anytime they needed then apart from also receiving the packs during their sessions with our partners.
- Some of the topics discussed during St. Juliet girls' meetings were menstruation, pre-menstrual symptoms, sexual abuse, spiritual growth, body and emotional changes during adolescent hood.

ACTIVITIES INPUT IMPACT

- Training sessions at the Spur centre and St. Juliet's.
 - Sanitary packs, under garments, training material, time
1. Spur Afrika girls and those at St. Juliet have improved their menstrual hygiene and personal self-care. They can comfortably use a sanitary towel without needing help and have improved their spiritual health.
 2. Some of the feedback from the girls showed that school attendance has greatly improved and that they no longer miss school during their menses except when they have severe menstrual related sicknesses.

CHALLENGES FACED IN LAST 6 MONTHS

- COVID rules and regulations do not allow for large group meetings. St. Juliet's has a small hall that is crowded during sessions.
- Lack of clean water and for the girls at St. Juliet, this affects their ability to maintain their menstrual and personal hygiene.
- Due to shared toilets, some girls have expressed their concerns about recurring Urinary Track Infections.
- Some girls still have self-esteem issues and have trouble accepting their bodies.
- The girls are still a bit shy when it comes to topics about sex and sexuality.

PLANS FOR NEXT 6 MONTHS

- Continue with the mentorship meetings at St. Juliet and with our Spur girls.
- To create a safe space for both the St. Juliet girls and our Spur girls. So that they can be able to talk to us about anything and everything.
- To eliminate the myths and misconceptions surrounding monthly periods and menstrual health.
- To continue our mission of ending period poverty and the girls missing school by continuing to provide sanitary towels and undergarments for them.

BUDGET

- The Program has utilised Shs. 408,000. Approximately AUS 5,700. The costs are inclusive of the cost of one Spur worker. The funds allocated to the Program are sufficient.
- The projection is to use Ksh. 400,000, AUS 5,500, for the rest of the year. This is slightly higher than the original budget due to the extra school term in 2021.



Spur Afrika Bingwa Girls' discussion



Koli talking to Spur Bingwa girls



Sue pausing for a photo with St. Juliet Bingwa girls



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